From: bounce-183904-4706595@listserv.state.ma.us on behalf of GIC Public Information

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Sent: Saturday, April 12, 2008 8:59 PM

To: Corbett, Kate (DPH) **Subject:** FY09 Annual Enrollment

Annual Enrollment April 14 – May 16 For Changes Effective July 1, 2008

Annual enrollment time is here, giving eligible state employees the opportunity to review their benefit options and make changes if desired. *If you want to keep your current GIC health plan, you do not need to fill out any paperwork.* Your coverage will continue automatically. Please take this opportunity to think about what you and your family need in the way of health care and other benefits. Once you choose a health plan, you cannot change plans until the next annual enrollment, unless you move out of your health plan's service area.

During annual enrollment, you may:

- Enroll in or change health plans
- Apply for the <u>buy-out option</u>
- Apply for Long Term Disability (LTD) you may also do this anytime during the year
- Apply for optional life insurance or increase coverage you may also do this anytime during the year
- Apply for reduced non-smoker optional life insurance rates if you have optional life insurance as a smoker and have been tobacco-free for at least 12 months
- Enroll in <u>GIC Dental/Vision</u> or change dental plans if you are eligible *(primarily Managers, Legislators, Legislative staff and certain Executive Office staff)*
- Opt in or out of pre-tax premium basic life and health insurance deductions

Be sure to read your <u>GIC Benefit Decision Guide</u> to become familiar with <u>benefit</u> and <u>rate changes</u> effective July 1, 2008. Ask your GIC Coordinator for your guide. These will be delivered to all agencies during the week of April 7. The guides are also available on <u>our website</u>.

As part of our multi-year Clinical Performance Improvement Initiative, physician office visit co-pays in all GIC health plans will migrate to three tiers for Primary Care Physicians (PCPs) and Specialists based on quality and cost-efficiency. Contact your health plan, and other health plans you are considering, to see which co-pay tier (level) your doctors (and, in some plans, hospitals) are in. Using $\star \star \star$ Tier 1 (excellent) or $\star \star$ Tier 2 (good) doctors saves you money on out-of-pocket expenses.

Your *Benefit Decision Guide* is an overview of all GIC benefits; it is not a plan handbook. There may be other services that you or your family may need. <u>Contact each plan</u> to find out details about those benefits. In addition, be sure to take advantage of these other GIC resources:

- Health Fairs This year, there are four Saturday fairs, making it easy for you and your family to attend.
- Website See our website for the <u>latest annual enrollment news</u>, <u>forms</u> to expedite your decisions, and answers to frequently asked questions.
- Four-track Audiotape If you know an individual who is visually impaired, please recommend that he or she call the GIC for a four-track *Benefit Decision Guide* audiotape: 617-727-2310 ext. 1.

Mark the Date! Enrollment forms are due to your GIC Coordinator no later than Friday, May 16.